

**Easy Sweet Potatoes** 

## **INGREDIENTS**

2 large sweet potatoes 1 TSP olive oil A dash of black pepper A sprinkle of salt A pinch of garlic powder A hint of oregano A squeeze of lime juice

## **DIRECTIONS**

Wash and dry potatoes. Cut into 1 inch cubes. In a large bowl, toss all ingredients. Arrange on a microwave-safe plate so that no potatoes are overlapping. Microwave on high for six minutes. Remove and test for softness. If needed, return to the microwave for a couple more minutes until desired tenderness is achieved. Makes 4 servings; 85 calories each.